



⊅ UNIVERSITÄT BERN

Medical Faculty

Department for BioMedical Research

Hygiene Plan

WHAT	WHEN	WITH WHAT	HOW	WHO
Hands disinfection	 After each contamination When leaving the work area 	Product:	Rub into dry hands	Everybody
Hands washing:	- After pollution	Product:	Wash hands under warm water	Everybody
First disinfect, then wash	- When leaving the work area	Liquid soap from dispenser		
Hands care	 After each disinfection/ washing Upon need 	Product:	Rub care lotion after disinfection and cleaning into dry hands	Everybody
Biosafety cabinets	Interior surface: - After contamination - Before and after use Inside walls, work surface, sash: 1/month	Product:	Disinfect the working surface when the ventilation is ON.	Everybody
Contaminated surfaces and devices	Upon need	Product:	Spray, leave it for 5 min., wipe	Everybody
Centrifuges and water baths	 After contamination 1/month 	Product:	Spray, leave it for 5 min., wipe	Everybody
Contaminated glass pipettes	After use	Product:	Leave it o.n.	Everybody
Contaminated glass devices	After use	Autoclave in room:	20 min. 121 °C	Instructed persons only

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