

b UNIVERSITÄT BERN

Faculty of Medicine

Department for BioMedical Research

Skin Protection Plan

Organizational unit:

WHAT	WHEN	WITH WHAT	HOW	WHO
Skin protection when wearing liquid-tight gloves (e.g. Nitrile)	Before putting on the gloves Cotton inner gloves are recommended	Barrier cream Product:	Rub	
Skin protection when dealing with changing hazardous substances	Before starting the work process	Barrier crème Product:	Rub	
Hand disinfection	After the completion of activities with biological materials and always before leaving a laboratory.	Product: Hand alcohol (ethanol 80%, glycerol 1%) Dosage: ≈ 3ml Time: ≈ 30 sec.	Rub	
Skin cleansing	After hand disinfection or after the completion of work	Liquid soap Product:	Wash	
Skin care	After hand disinfection and cleansing	Hand Care Lotion Product:	Rub	

Last revision: September 21, 2018