

# What to do in an emergency

1. Observe → 2. Think → 3. Act



## Call the emergency services

|                          |                  |
|--------------------------|------------------|
| Ambulance                | (0)144           |
| Police                   | (0)117           |
| Poisoning                | (0)145           |
| Fire brigade / Securitas | (0)118           |
| REGA                     | (0)1414          |
| Staff physician          | (0)031 632 20 38 |

**Where** is the victim/the scene of the fire?

**Who** is calling (name)?

**What** has happened?

**When** did it happen?

**How many** people are affected?

**Additional dangers**, hazardous materials?

My number to call back?

## Internal contacts (DBMR)

### EMERGENCY

R. Rieben (0)079 304 47 51

*If not available:*

W. Hofstetter (0)077 411 61 55

### SAFETY

F. Achermann (0)076 761 77 40

*If not available:*

M. Siegrist (0)079 620 30 66

### CMF

J. Kirundi (0)078 943 87 77



## Accident

1. **Secure** the hazard area
2. Call the emergency services ☎(0)144
3. **First Aid**

- Stop any bleeding, turn the victim on their side if unconscious
- If unconscious and if breathing is not normal:

- C: Heart massage (circulation)
- A: Open the airways (airways)
- B: Respiration (breathing)
- D: Defibrillation

4. **Brief paramedic(s)/ambulance staff**

Location of first-aid material/equipment: \_\_\_\_\_



## Fire

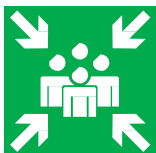
1. Call the **fire brigade** ☎(0)118
2. Take endangered persons with you to a **safe place**
3. **Close** all windows and doors
4. Brief the fire brigade, **extinguish** the fire



## Evacuation

1. **Notify endangered persons** and take them with you
2. Leave the building using the **stairs**
3. Make your way to the **Assembly Point**

Assembly Point: \_\_\_\_\_



Local person responsible for ensuring that the emergency numbers, first aid equipment and instructions are up to date:

\_\_\_\_\_