# What to do in an emergency



# 1. Observe → 2. Think → 3. Act

Department for BioMedical Research



Call the emergency services

Ambulance (0)144
Police (0)117
Poisoning (0)145

Life-threatening emergencies (REA) (0)1414

Fire brigade (0)118

Emergency station 2 24 02

Staff physician 2 20 38

Where is the victim/the scene of the fire?

Who is calling (name)?
Who is calling (name)?
What has happened?
When did it happen?

How many people are affected?

Additional dangers, hazardous materials?

My number to call back?

# Internal contacts (DBMR)

#### **EMERGENCY**

P. Furer (0)078 676 68 81

If not available:

W. Hofstetter (0)077 411 61 55 R. Rieben (0)079 304 47 51

#### SAFETY

F. Achermann (0)076 761 77 40

If not available:

M. Siegrist (0)079 620 30 66



#### **Accident**

- 1. Secure the hazard area
- 2. Call the emergency services 2 (0)144
- 3. First Aid
  - · Stop any bleeding, turn the victim on their side if unconscious
  - If unconscious and if breathing is not normal:
    - C: Heart massage (circulation)
    - A: Open the airways (airways)
    - B: Respiration (breathing)
    - D: Defibrillation

## 4. Brief paramedic(s)/ambulance staff

Location of first-aid material/equipment:



## Fire

- 1. Call the fire brigade 2 (0)118
- 2. Take endangered persons with you to a safe place
- 3. Close all windows and doors
- 4. Brief the fire brigade, extinguish the fire



#### **Evacuation**

- 1. Notify endangered persons and take them with you
- 2. Leave the building using the stairs
- 3. Make your way to the Assembly Point

Assembly Point: Meadow between Psychiatric Clinic and Pavillon 47

Local person responsible for ensuring that the emergency numbers, first aid equipment and instructions are up to date:

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