

# What to do in an emergency

1. Observe → 2. Think → 3. Act



## Call the emergency services

Ambulance	(0)144
Police	(0)117
Poisoning	(0)145
Life-threatening emergencies (REA)	9999
Fire brigade / Securitas	3333
Emergency station	181 7520
Staff physician	22038
Technical incidents	26666

**Where** is the victim/the scene of the fire?

**Who** is calling (name)?

**What** has happened?

**When** did it happen?

**How many** people are affected?

**Additional dangers**, hazardous materials?

My number to call back?

## Internal contacts (DBMR)

### EMERGENCY

P. Furer (0)078 676 68 81

*If not available:*

W. Hofstetter (0)077 411 61 55

R. Rieben (0)079 304 47 51

### SAFETY

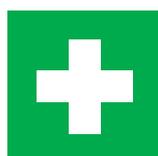
F. Achermann (0)076 761 77 40

*If not available:*

M. Siegrist (0)079 620 30 66

### HOUSE STAFF

S. Widmer 2 54 65



## Accident

1. **Secure** the hazard area
2. Call the emergency services ☎(0)144
3. **First Aid**

- Stop any bleeding, turn the victim on their side if unconscious

- If unconscious and if breathing is not normal:

C: Heart massage (circulation)

A: Open the airways (airways)

B: Respiration (breathing)

D: Defibrillation

4. **Brief paramedic(s)/ambulance staff**

Location of first-aid material/equipment: Foyer: AED-device (defibrillator),  
dressing material, rescue chair. Hallway on floor U1: Emergency shower



## Fire

1. Call the **fire brigade** ☎3333
2. Take endangered persons with you to a **safe place**
3. **Close** all windows and doors
4. Brief the fire brigade, **extinguish** the fire



## Evacuation

1. **Notify endangered persons** and take them with you
2. Leave the building using the **stairs**
3. Make your way to the **Assembly Point**

Assembly Point: Entrance Murtenstrasse 50



Local person responsible for ensuring that the emergency numbers, first aid equipment and instructions are up to date:

François Achermann, [safe@dbmr.unibe.ch](mailto:safe@dbmr.unibe.ch)